

# Maternity Careers Newsletter

HNY LMNS  
October 2025



## Welcome to the 2nd Maternity Careers Newsletter for HNY LMNS

Lots of useful links and information to support you with your current and future career plans and aspirations.

### Midwifery Careers Microsite Launch - October 2025



HNY LMNS have created a 'Careers Platform' on the existing website <https://www.humberandnorthyorkshirematernity.org.uk/careers/home/> for any aspiring midwives and Maternity Support Workers (MSW) wanting support and advice. The Microsite is aimed at 'aspiring' midwives and MSWs as a 'one stop shop' for anyone interested in midwifery careers.

There is information on there about the different careers (midwifery and maternity support workers) and the routes into the professions, together with advice on applying for the programmes, work experience, volunteering and career progression once qualified. It is also useful for qualified midwives wanting to progress their careers.

#### IN THIS ISSUE

- Careers Microsite Launch
- Careers Clinics
- Routes into midwifery webinar
- Neurodivergence training
- Spotlight on midwifery careers
- Best Practice Guideline - Autism
- PNMH and Neurodivergence webinar
- NMC Monthly Drop-in Sessions
- Public Health Study Day
- HNY Coaching
- MatNeo SIP Webinar
- MatDat Tool
- RCM Career Framework

## Careers Clinics

National Careers Clinic for  
Internationally Educated Midwives  
Reaistration Form



The NEY NHS England team continue to host monthly online career clinics for internationally educated midwives. These are aimed at providing information about the breadth of midwifery roles as well as skills, education & CPD to prepare for the next step. Each month they welcome different speakers to provide learning.

## Routes into Midwifery Careers Webinar - 14<sup>th</sup> July 2025



Routes into Midwifery Careers Webinar  
14<sup>th</sup> July 2025



A 'Midwifery Careers' webinar was hosted by HNY LMNS in July to offer 'aspiring' midwives and Maternity Support Workers a realistic idea of the professions and share advice for entry routes into the careers.

Please follow this link to access the recording  
<https://youtu.be/LggftmHw6Tc>.

## LMNS Training Package for 'Neurodivergence in Maternity Care' is launched!

The LMNS has been working closely with Becky Warboys (member of the Maternity Autism Research Group and local expert) to support the creation of four training videos (2.5 hours in total).

The aim of the training is to increase awareness and understanding and make sustainable improvements in our maternity services, ensuring they are inclusive and safe for all. It is also hoped that the Neurodiversity Champions will support with embedding the new ND Maternity Toolkit across the LMNS.

This exciting opportunity is FREE for midwives, midwifery support workers and the wider obstetric team.

For anyone interested in becoming an ND Champion please send an EOI to [r.warboys@nhs.net](mailto:r.warboys@nhs.net)



## Spotlight on Midwifery Careers

### Jennie Buckley

#### Retention and Pastoral Care Midwife at NLaG

I started my NHS career as a Healthcare Assistant in what was the Day Hospital for the Elderly (DHE) in early 2005, commencing my nurse training at University of Hull (UoH) later in the same year.

I had always aspired to be a midwife, however through guidance from colleagues during my time on DHE I decided to train as a nurse first with a plan to return to complete my midwifery qualifications later in my career.



I completed my nurse training and qualified in 2008 securing a job on the Endoscopy Unit at Diana, Princess of Wales (DPoW) Hospital in Grimsby, which I loved. After 5 years on endoscopy, I applied and was accepted on the shortened midwifery course at UoH.

I completed all my clinical midwifery placements at DPoW and qualified in 2014, joining the team at Scunthorpe General Hospital (SGH) on the antenatal and postnatal ward as a rotational Band 5 midwife. I progressed to a Band 6 midwife after rotation and spent 3 years at SGH prior to moving back to DPoW in 2018 to work in the antenatal clinic and day unit. During this time, I completed my mentorship module at Sheffield Hallam and soon after converted to become an assessor as part of the move to Standards for Student Supervision and Assessment (SSSA).

In 2022, I successfully secured a secondment opportunity as Recruitment, Retention (R&R) and Pastoral midwife at Band 7. The R&R role was a new role and so there was no training, guidance or framework to follow. I spent the next 12 months developing the role and liaising with fellow R&R colleagues with the North of England. The role has expanded immensely, and I really enjoy being able to support our current and future workforce in both my R&R role and as a Professional Midwifery Advocate (PMA). My secondment was made permanent in April 2025.

In January 2024, I commenced my journey on the level 7 senior leadership apprenticeship (SLA) with Bishop Grosseteste University. I am now coming to the end of the apprenticeship with a view of continuing onto the Master of Business Administration (MBA) module. This apprenticeship has expanded my leadership knowledge and skill significantly and although I never thought I would say this, I have really enjoyed the studying aspect of the course.

## Joanna Melia SBL Lead and Public Health Midwife at HUTH

### **Qualifications:**

BA (Hons) Midwifery, safeguarding supervisor, student practice assessor, professional midwifery advocate.



**Career:** I qualified as a midwife in 2008 where I initially started my career at Leeds General Infirmary and then came to Hull where I have worked as a rotational midwife, core on the Postnatal Ward, junior sister on Rowan ward and senior sister in Community. I am now working in public health, where I work in partnership with the midwifery team and the wider community to identify public health priorities and reduce health inequalities. I co-ordinate the implementation of smoking cessation, maternal obesity and the influenza, pertussis, RSV and BCG vaccine programme. I am also the lead for SBLCB, which I have found to be a highlight in my career because I can observe tangible steps forward in reducing perinatal mortality and morbidity.

**Advice to others:** I have found coaching and the PMA service to be invaluable as they have allowed me to speak with someone non-judgmental, and facilitated my ability to find solutions and navigate obstacles in a professional manner. Compassionate leadership is critical to get the best out of people, as is taking the time to listen and understand.

### **Launch of Best Practice Guideline - Autistic birthing people**



The Maternity and Autism Research Group (MARG) launched a pioneering set of Best Practice Guidelines designed to improve maternity care for Autistic women and birthing people in September 2025.

These resources aim to support more inclusive, accessible, and person-centred care, and include practical guidance for midwives and maternity professionals.

They are available to download free of charge from the MARG website: <https://www.maternityautismresearchgroup.co.uk/guidelines>.

### **Support Perinatal Mental Health and Neurodivergence Shared Learning Webinar - 21/11 from 10:00 to 12:00**

This session will build on last year's webinar with a focus on supporting neurodivergent women with moderate to severe or complex mental illness in the perinatal period, exploring needs, challenges, and examples of good practice from Specialist Perinatal Mental Health teams.

You will need to register for the webinar in order to receive an invite. If you have any questions, please email [england.perinatalmh@nhs.net](mailto:england.perinatalmh@nhs.net).

## NMC Monthly Education and Standards drop-in sessions



The NMC run monthly drop-in sessions for academics and practice learning partners, including practice supervisors and assessors – these take place on the first Monday of every month from 12:30 to 13:30.

You can register here to attend:

<https://r1.dotdigital-pages.com/p/129A-1GX1/drop-ins>

## Public Health Study Day

### Call for stakeholder presentations. Expression of interest now open!

#### • What to expect:

- Keynote talks from leading Public Health experts
- Interactive workshops
- Presentations showcasing innovative research
- Opportunities to connect and collaborate

#### • Themes may include:

- Maternal health inequalities
- Supporting healthy weight management-tackling stigma, empowering women via personal wellbeing plans.
- Nutrition, lifestyle and public health interventions: drug and alcohol, smoking, vaccinations, screening programmes, perinatal mental health, infant feeding, sexual health
- Impact of social determinants: poverty, housing, education, access
- Digital health innovations-MATDAT tool

#### • Who should attend this Pan Group event

- Midwives, obstetricians, anaesthetists, students, policy makers, public health professionals and community organisations
- Expression of interest for attending the day to be sent to [joanna.melia@nhs.net](mailto:joanna.melia@nhs.net)
- 6<sup>th</sup> March The Synergy Suite Willerby, Health House, Grange Park, Willerby, HU10 6DT



## HNY Coaching Support



Find a HNY ICB coach via this link [HNY Coaching](#) or [sign-up to the coaching network](#) to find the coach who feels right for you.

You can also find out about the coaching and mentoring offers available through your regional Leadership Academy.

Find out about the [Regional Coaching and Mentoring Offers here](#)  
[Coaching and Mentoring – Leadership Academy](#)

Coaching and mentoring are helpful tools to support your leadership development by unlocking your full potential to achieve personal and professional success.

Mentoring develops leaders through sharing of knowledge, skills and experience. It's often led by one experienced and skilled professional mentor and can lead to enhanced innovation and performance.

Coaching is free, confidential and is available for colleagues working across health and care in Humber and North Yorkshire.

The three most common areas colleagues seek to work with a coach to explore are:

- career development
- leadership
- communication.

## MatNeo SIP Webinar



Tuesday 2<sup>nd</sup> December 2025



Timings: 13:00 – 15:00

Network Webinar via MS Teams

### 'Inter-Generational Teamworking in the Maternal & Neonatal Setting'

As part of the MatNeo Safety Improvement Programs Network & in response to feedback from previous networking events we are delighted to deliver a free shared learning webinar for colleagues across Yorkshire & Humber.

Presentations & interactive sessions around:

- Essentials for positive and effective team relationships in everyday work
- Human Factors & the impact on teamwork
- How generational diversity can be a positive on teamwork in the workplace



For more information and the webinar link please contact:

[academy@yhja.nhs.uk](mailto:academy@yhja.nhs.uk)

@NatPatSIP / @MatNeoSIP [www.improvementacademy.org](http://www.improvementacademy.org)

Delivered in collaboration:  
Yorkshire and Humber  
Patient Safety Collaborative



Join colleagues from across the region at an Inter-generational Teamworking webinar on 2<sup>nd</sup> December 2025.

Please email [academy@yhja.nhs.uk](mailto:academy@yhja.nhs.uk) for more information and the webinar link.

## Maternity Disadvantage Assessment Tool (MatDAT)



The MatDAT is a standardised tool for assessing wellbeing and social complexity during maternity care based on women's and birthing people's broad social and care needs. The tool provides a guide for midwives to identify the woman's care level (1-4) and develop a personalised care and support plan (PCSP), as well as facilitating smooth communication with the multidisciplinary team.

You can access more information on the tool on the RCM website here: [0278\\_Maternity-Disadvantage-Assessment-Tool\\_8.pdf](#)

Please contact [hny.lms@nhs.net](mailto:hny.lms@nhs.net) if you would like to attend the LMNS/RCM MatDAT training session on 18/12.

## RCM Career Framework

The Royal College of Midwives career framework is designed to support midwives and maternity support workers (MSWs) at every stage of their professional journey.

Whether you are starting out on your journey to being a midwife or MSW, or already working as a midwife or MSW and considering career opportunities, our framework will signpost different roles and resources to support you.

[Career Framework - Royal College of Midwives](#)