

ASK A MIDWIFE NEWSLETTER

OCTOBER
2025

Questions

We answered over 1300 messages in August and September

FAQs

- Blood Tests/Results
- Medications
- Early Pregnancy <16/40
- MatB1
- PGP/Physio
- Feedback
- Antenatal Classes

Anything to Share?

If you would like a specific topic, public health message or recent 'good news' event publishing within our newsletter, or on our social media pages please get in touch.

Contact either your local AAM midwife, or
email hny.lms@nhs.net

Don't forget to tell your service users we are here to answer all their non-urgent questions.

If you would like some postcards or posters to put in your area please get in touch.

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FEEDBACK



Thank you. You guys are great!



this ask a midwife service is fantastic too. When I have spoken to my friends in other areas, they were surprised by how much Hull offer support. So thank you for all you do 😊

Thank you for your time and advice, I can't explain how much I appreciate this service and you guys. You're an absolute credit to the NHS, and I'm very grateful to you all.
Thank you ❤️

As we mentioned earlier, we've really appreciated the service and help you guys at ask a midwife have given us, it's been so reassuring having you available on socials and email, it's a brilliant service you offer and one that will help many others I'm sure! 🥰👏

HUTH

We feel so lucky to have had a wonderful student midwife (Tamara) by our side during my wife's C-section. From the moment we met her, she was warm, patient, and reassuring. She helped calm our nerves before the operation, supported us throughout, and continued to check in afterwards with such kindness and care.

She went above and beyond to make sure we felt comfortable and informed every step of the way. Her compassion and dedication truly stood out, and she made what could have been a very stressful time feel much more manageable.

She will make an incredible midwife, and we are so grateful to her for being part of such an important moment in our lives.

And now look, you'd of never of thought a teeny tiny 24+1 weeker would be thriving like this from the care you all given her, all the amazing Nicu staff, amazing midwife's god your all amazing and I owe everything to you all ❤️💙

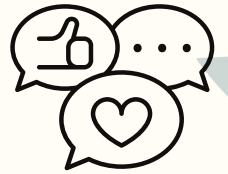
consultant Taj, Naomi in Triage, Marie, Libby, Charm & Joanna, our surgeons, midwives both in hospital and in our children's center and the whole IVF team at Hull Fertility Every single person on this journey was incredible.

NLAG

Kat delivered my little boy in December she was amazing and so lovely I feel so privileged that we had her by our side throughout it all couldn't of asked for more 💕💕

I had Natalie as a midwife too. She was so amazing, and such a lovely lady to talk to, and a amazing midwife and she's inspired me to hopefully become one someday day xx

Kelly was my labouring midwife too and she was incredible! Cannot thank her enough especially as I had some complications- she stayed so calm and was so great in explaining everything.



HARROGATE

When we was on the ward been induced for our stillbirth there was a student nurse with us for a short time called Whitney she was very kind & empathetic of the situation and even though he didnt arrive on her shift she helped us feel reassured alongside our other midwife becca. It must of been a tricky situation for her to navigate as she hadn't done stillbirth before but I know she'll be a amazing midwife when she qualified 💛💙👶🦋

We had Ellie come visit us when we had our little girl, 18 months ago, and she was just brilliant. She was so reassuring, and caring, and even came and did extra visits to make sure we were okay. We can't thank her enough 🥰

Thanks Lynne & also to the incredible aneathatist Whose name I think was Dr Jinx and he was just the most supportive and informative throughout the full surgery.

YORK

I had a lovely midwife called Abbie deliver my little boy (he's 2 in December) she was truly amazing and also pregnant herself at the time too.

A special thank you to doctors (Dr Hughes and Dr Tang) and midwives (Ruth and Georgie) in the Rainbow Clinic, your services are truly invaluable and it is very clear that you care about what you do. From the very beginning, I felt listened to, well supported, and safe. Your thoughtful approach and compassion helped me navigate a stressful pregnancy with strength and confidence.

Jackie is incredible !! Lucky that I've had her throughout both of my labours she is amazing ★★

NEST AND NURTURE EVENT



☀ Nest and Nurture Fairs Launched in
Grimsby and Scunthorpe! ☀

Each month the event will alternate between Diana Princess of Wales Hospital,
Grimsby and Scunthorpe General Hospital

Parents-to-be are encouraged to attend to learn more about early parenting
skills, keeping healthy in pregnancy, labour and induction, birth choices and
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