

Humber, Coast and Vale Local Maternity System

Appointment Schedule through COVID-19 for Northern Lincolnshire and Goole NHS Foundation Trust (Grimsby and Scunthorpe sites)

Last updated 5th November 2020 – Please note changes may occur at short notice.

Up to birth:

Visit	Who	How the appointment will be conducted
Booking 8-10 weeks	All women	Telephone call
2nd part of booking (within 1 week of telephone booking)	All women	In person. You will need to attend by yourself
Dating scan	All women	In person. You will need to attend by yourself
16 weeks	All women	In person. You will need to attend by yourself
18-20 week anomaly scan	All women	In person. You may bring one other person to this scan
25 weeks	First time mum	Telephone call or in person. You will need to attend by yourself
28 weeks	All women	In person. You will need to attend by yourself
31 weeks	All women	In person. You will need to attend by yourself
34 weeks	All women	In person. You will need to attend by yourself
35 weeks	All women	Telephone call
36 weeks	All women	In person. You will need to attend by yourself



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38 weeks	All women	In person. You will need to attend by yourself
40 weeks	All women	In person. You will need to attend by yourself
41 weeks	All women	In person. You will need to attend by yourself

Before birth:

If a woman is admitted to the hospital as an in-patient she is welcome to have a visitor between 12-3pm, 3-5pm and 6-8pm. An appointment for a time slot must be made with a midwife on the day. This change has been necessary to ensure safety and social distancing in the pre and postnatal areas.

In labour:

Once the woman is confirmed to be in labour then they are welcome to have their birthing partner join them for the birth and up to 6 hours after the birth. At this time this does not extend to a 2nd birthing partner. Contact of birth partners will also be taken in case of the need to test and trace.

After delivery:

Visiting for the birth partner after the birth is between 12-3pm, 3-5pm and 6-8pm. An appointment for a time slot must be made with a midwife on the day. This change has been necessary to ensure safety and social distancing in the pre and postnatal areas. Contact of birth partners will also be taken in case of the need to test and trace.

Before being allowed to visit a risk assessment will be carried out and visiting will not be permitted in the following circumstances

- Anybody who has had a positive COVID-19 swab in the last 2 weeks.
- Anyone who is isolating as a contact of someone who is COVID-19 positive.
- Anyone who has been contacted by Test and Trace to say they are a contact of someone who is COVID-19 positive.
- Anyone with symptoms of COVID-19.
- Anyone who is shielding due to anticipated surgery.
- If any of the national lockdown restrictions are in place that do not support patient visiting.



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Following discharge from hospital:

These are the routine appointments offered to everyone. Your midwife will discuss the care plan for you and your baby with you and may offer extra appointments or contacts. The first visit will be at your home. All other appointments may be in a clinic or at home and at this time it is not possible for partners to attend clinic appointments.

- First visit: Every woman receives a home visit the day after discharge from hospital.
- Day 3 visit: Infant feeding assessment initially conducted via a telephone consultation by the midwifery support worker. If the assessment concludes that face to face support is required this will take place in the home following COVID-19 checks.
- Day 5 visit: This is an essential visit that will include the new born blood spot check and weighing the baby.
- Day 10-12: Transfer from midwifery services with handover to health visitor care. However in certain circumstances mum and baby may continue to be seen/contacted via telephone by a midwife and/or a midwifery support worker for up to 28 days following the birth.
- Day 28: Final discharge from midwifery services if all okay with mum and baby.

