



Gestational Diabetes

The Facts

1 in 2 gestational diabetics go on to develop type 2 diabetes

Children of gestational diabetics are 6 times more likely to become a type 2 diabetic (Diabetes UK)

What can you do to reduce these risks?

Has your practice arranged:

- **a HbA1c or a fasting blood sugar test postnatally?**
- **an annual diabetes GP follow up appointment with HbA1c?**
- **referred the patient postnatally to the National Diabetes Prevention Programme (NDPP) for support and healthy lifestyle advice?**



The Local Maternity and Neonatal System can offer free training for your HCPs, specifically social prescribers, please email hny.lms@nhs.net